



Dartmoor
Multi Academy
Trust

10th October 2025

Dear Parents and Carers,

Holsworthy Community College is part
of the Dartmoor Multi Academy Trust
family

HCC P.E. Kit



We would like to remind all families of our school's physical education (P.E.) uniform policy. We have recently noticed that some students are attending P.E. lessons in clothing that does not meet our guidelines.

To ensure comfort, safety, and consistency across all P.E. activities, we ask that students adhere to the following requirements:

- **Shorts:** Students must wear **loose-fitting P.E. shorts**. Tight-fitting shorts, such as Nike Pros or similar styles, are **not permitted**. Loose shorts allow for freedom of movement, maintain modesty, and help ensure all students are dressed consistently.
- **No tights under shorts:** For **hygiene reasons**, pupils should not wear tights underneath their shorts.
- **Jewellery:** All jewellery, including earrings, bracelets, and watches, must be **removed before P.E. lessons** to prevent accidents or injury.
- **Hair:** Students with long hair must have it **tied back securely** for safety and practicality during physical activity.

These rules are in place to promote comfort, hygiene, and safety, as well as to help students participate confidently in all aspects of P.E.

We kindly ask for your support in ensuring that your child comes to school prepared with the correct P.E. kit. If you need guidance on what is acceptable or require assistance obtaining suitable items, please contact the school office and we will be happy to help.

Thank you for your continued cooperation and for helping us maintain high standards and a positive, inclusive learning environment for all our students.

Yours sincerely,

Miss Goldsworthy
Curriculum Lead